

SEPTEMBER 2017

**ARNSIDE BROADSHEET - Co-Editor Wanted !**

We are looking for a new volunteer co-editor. Interested? Please contact: c.baranski@btinternet.com / 762824

ROSEMERE CANCER FOUNDATION 20th Anniversary Appeal. Sat 30th 7pm. Arnside E.I. Shop2Drop Fashion Show. Tickets £5 (inc. 1st drink) from The Little Shop, Arnside or the Village Store, Storth. Details: Sara 760009

THE HERON THEATRE, BEETHAM

(www.theherontheatre.com). All start 7.30pm.
1st – Manchester by the Sea [12A]; 12th – NTC Touring Theatre: Barnaby Rudge; 15th - Ian McMillan & Tony Husband; 19th – The Handmaiden (subtitled) [18];
23rd – Song, Fiddle & Harp: Twelfth Day;
29th – Isosceles Prodn.: Beckett's Last Act

STORTH ENTERTAINERS (Box Office: 015395 61565 / storth.ents@gmail.com)

Wed 6th – Sat 9th 7.30pm. Storth Village Hall. Musical: Me and My Girl. Tickets: £8 (adults), £6 (under 16s)

HERON CORN MILL (www.heronmill.org)

Wed 27th 1-4pm – Crafternoon. Sat 16th-Sun 17th 11am-4pm – A Fishing Family on the Lune: exhibition & workshop.

ARNSIDE ART GROUP (Paul Barnes 07801 713428 / psbarnes@live.co.uk)

Wed 20th 2-4pm. Arnside W.I. Hall. New season begins. For more information or if you are interested in joining our relaxed, friendly group, contact above / visit our website.

ARNSIDE LIBRARY LINK (www.cumbria.gov.uk/libraries)

Mon-Sat. Arnside E.I. Free to join, free to borrow books. A staff member is in the library Tuesdays 10am-noon

BOOK AT BAYTIME (Julie 762538/julie@readforlife.co.uk)

Wednesdays 1-2.30pm. E.I. We read aloud anything from short stories to poems. All material provided; no reading to do before or after. Come and enjoy! £3 (incl. refreshments).

ARNSIDE SURGERY – Flu Clinic dates

Sept: Sat 16th 10am-12pm (drop-in); Wed 27th (pre-book);
Oct: Wed 4th (pre-book); Tue 10th 2-4pm (drop-in). Contact Arnside or Silverdale Surgery for eligibility details & information.

FRIENDS OF ARNSIDE & SILVERDALE SURGERY

Wed 27th 4pm. Arnside Methodist Hall. Dr David Cheung: 'Diabetes' – Presentation, Q&As. Fundraising cake sale. All Arnside & Silverdale patients welcome.

AgeUK LUNCH CLUBS (Christine 761566)

Meet 12noon for 12.30pm lunch. Fri 1st - The Albion;
Wed 20th - The Ship. Please ring above to book.

ARNSIDE COUNTRY MARKET (Sec. Ann McCabe

015395 63326). Fridays 9.30-11.30am. W.I. Hall. Local home baking, seasonal preserves, fresh eggs & fish, home-grown fruit & vegetables, plants, hand-made crafts & chocolates, watercolours. Free entry. Refreshments available. All welcome.

Arnside Broadsheet is a non-profit publication, which is run, edited, typed & distributed by many volunteers for the benefit of our local Arnside community. Printing costs are met entirely by donations from local organisations, groups, residents & the Arnside Directory

BURTON-IN-KENDAL EDUCATIONAL FOUNDATION (Marion

Robinson: mvrob23@gmail.com 784918 or 07531 575663).

We provide small grants to 6th form, college & university students. For details / an application form, contact above. Deadline for applications: 31st October 2017

AGE UK SOUTH LAKELAND (Helen 01539 728118 / e-mail: hprince@ageuksouthlakeland.org.uk)

Wed 6th 1pm & 4pm. Arnside E.I. **Get Safe Online and Be Fraud Smart.** To book a place, contact Helen (above).

DIGNITY IN DEMENTIA (Diane Smillie 07771 682378)

Thu 14th 6-8pm. Methodist Church Hall. Adopting a 'live-well-with-dementia' approach. A free, informative talk for family carers supporting someone with dementia, or for anyone interested in learning more about dementia.

MINDS IN TUNE (Eileen 761720)

Thu 14th 2-3.30pm. Arnside Methodist Church Activity/support group for people with memory problems or dementia, and their carers. The session starts with a choice of activities, followed by refreshments, and finishes with some singing.

ARNSIDE SIGHT ADVICE SOUTH LAKES SUPPORT GROUP

(Scott Hemsley 01539 769055 / scott@sightadvice.org.uk)
Mon 18th 10-11.45am. Meeting at Millom Court. For details, contact Scott (Mon-Thu).

ARNSIDE ROYAL BRITISH LEGION (Elaine Willacy 735409).

Tue 26th 2.30pm. W.I. Hall. Branch meeting.

ARNSIDE & ARNSIDE KNOTT W.I. (Sec. Daphne Jarvis 761606; Hall Bookings Sec. Lindy Brough 761752)

Mon 11th 7.30pm. Dogs for the Disabled. Competition: An ornamental dog. Open to all. Guests £2 (incl. refreshments). **W.I. HALL/room to hire; kitchen available.** Phone Lindy (above).

POLICE DROP-IN (martin.boak@cumbria.police.uk)

Second Tue/month 11am-12noon. Arnside E.I. library. PCSO Martin Boak (5251) will be available to discuss any issues you may have in relation to policing matters. No appointment necessary, just turn up on the day. For urgent matters, please contact the police on 101. For emergencies, always call 999.

ARNSIDE AND STORTH FIRST RESPONDERS

(Co-ordinator: Pat Clifford 762065; www.nwas-reponders.info).
Wed 6th 7.30pm. Methodist Church Hall. Training session and September 150 Club Draw. **We need more responders.** Anyone interested in becoming a responder / finding out more, contact: Cath Grayson 761347 or Pat (above) or see website.

ARNSIDE HELPWAYS (07534 660 667)

Please make requests for transport between 9-10am, if possible giving at least 24 hours' notice. A nominal charge is made to cover car expenses. **We need more drivers to help with this important service**

STORTH COMMUNITY TRANSPORT (07553 213383)

Transport for Storth residents to doctors, dentists and hospital. Cost: 45p per mile. For info. or to book, phone above (please give as much notice as possible).

Arnside Ramblers (Sec. Marilyn Wright 760066)
AMBLERS (Roger Mashiter 761686) Leave W.I. 10am.
5th Winster Valley; 12th Swinside Stone Circle;
19th Smardale; 26th Wray & Blelham Tarn

B AMBLERS 7th Mary B; 19th Mike (761105)

RAMBLERS (Julia Bennetts 701265). Leave W.I. 9.30am
7th Esthwaite circular; 12th Thornthwaite Beacon;
20th Troutbeck Park; 28th Nicky Nook

SCRAMBLERS (Brian Leslie 762055)
5th Dufton Pike & High Cup Nick; 21st Nether Wasdale
Round

ARNSIDE E.I. Kent Room has now been refurbished, has
with a fully-operational kitchen and is available to rent.
Please contact the EI office to discuss your requirements.

ARNSIDE E.I. BADMINTON CLUB (Peter Jones 761314)
Mondays 7.30pm-9.30pm (except bank holidays). Played
throughout the year at the E.I. For details, ring above.

YOGA FOR ALL (Cathy Lubelska 015395 34377). W.I.
Tuesdays 10-11am

PILATES (Catherine 761811 / 07899 907424) W.I.
Mondays 10.30-11.30am.

ARNSIDE TABLE TENNIS CLUB (Ed Pilling 762305).
E.I. Tue 7.30pm. Fri 2pm. 3 tables. Bats provided. Members
£2. Guests £3 (incl. refreshments)

AgeUK SEATED EXERCISE CLASS
Tue & Fri (as of 8th) 10.30am-noon. Methodist Church
(Eileen 761720). Exercises followed by refreshments.
£2.50/session. Wed 10.30am-noon (as of 13th). Storth
Village Hall (01539 728118)

ARNSIDE SNOOKER CLUB (Walter Burrow 761356) E.I.
Wed 7pm - Open Club Night; Mon & Tue 10am-noon -
Seniors. Competitions. £1 and 20p meter.

ARNSIDE BRIDGE CLUB (Alan Farmer 735366) E.I.
Mon 1-1.40pm - Bridge for beginners; Mon 1.40-4.30pm -
Chicago bridge (no partner necessary). Tue & Fri 6.45 for
7pm - Duplicate bridge (partners required).

ARNSIDE & DISTRICT NATURAL HISTORY SOCIETY
(Gail Armstrong 701316 / www.arnsideanddistrictnhs.co.uk)
Lecture: Thu 14th 7pm. Arnside W.I. Glen Swainson:
Breathing New Life into an Old Wetland (Little Haweswater);
Field Meetings: Thu 21st Meet W.I. 9.15am or CWT carpark
10.30am. South Walney with Mike Walker. Details above.

ARNSIDE JUNIOR CHESS CLUB (Matt Bridgeman
761252). Mondays 6.15pm E.I. Kent Room.
Anyone aged 8-17yrs welcome.

SCRABBLE FOR FUN (Fiona Stevens 762371). E.I.
Wednesdays 7pm. All standards.

ARNSIDE COMPUTER CLUB (Pat Clifford 762065)
Tuesdays 2-4.30pm. Arnside E.I. Westmorland Room.
Sessions (incl. refreshments): E.I. members £2;
non-E.I. members £3

ARNSIDE STITCHERS (762634)
Wed 20th 1.30-3.30pm. Arnside E.I., Westmorland Room.
Autumn session begins. All welcome.

STITCH-IN-TIME GROUP (Sheila 761317)
Tue 5th 11am-4pm & Tue 19th (AGM) 1.30-4pm. Methodist
Church Hall. We sew hygiene kits & knit baby sweaters to
send to refugees & developing countries. Drop in for a cuppa
& see what's going on!

ARNSIDE ARCHIVE GROUP (Norma 761238)
Every Wed 10am-noon & Thu 2-4pm. Arnside E.I., Margaret
Matheson Room. All welcome to help with researching and/or
cataloguing. Members' Meeting: Wed 20th 7pm.

ARNSIDE YOUTH PROJECT (Jude 762053)
Fri 8th Games; Fr 15th No meeting; Fri 22nd Music-making; Fri
29th Fun in the Forest. All young people aged 9-12yrs welcome.

ARNSIDE PLAYGROUP (Andrea 07493 079159) Kent Room
E.I. (term-time only). Mondays 9.30-11.30am: mother & toddler
session. Toddlers £2; babies 50p. Fri 9.30-11.30am: children 2-
5yrs. Please drop in to one of our sessions.

ARNSIDE LADIES' CHOIR (01539 731719)
Fridays 2-4pm. W.I. Hall. Put a smile on your face and sing with
us! New term starts 8th Sept.

**OUR LADY OF LOURDES R.C. CHURCH – Kent Estuary
Catholic Churches** (Fr Philip Smith 015395 32731 / Monica
Placzek 762737). Vigil Mass: Sat 5.30pm – Our Lady of
Lourdes, Arnside; Sun 10.30am - Christ the King, Milnthorpe.
Weekday Masses: 10am Mon & Thu – OLL, Arnside. If anyone
needs transport to attend, please ring the above.

PARISH CHURCH ST JAMES (Rev D. Cooper 761319)
Sun 8am Holy Communion (BCP); 10.30am Holy Communion
(except 10th & 24th). Sun 10th 10.30am Covenant Service at the
Methodist Church; 4.30pm Celtic Communion. Sun 24th
10.30am Harvest Thanksgiving Festival.
Sat 16th 7pm **Lakes Gospel Choir**. Tickets: £7 (under 16s free)
from St James Church or tel. 762019. Proceeds in aid of The
Christie NHS Trust (Manchester) and St James' West Window.

ARNSIDE METHODIST CHURCH (Rev. David Stretton
761397). www.arnsidemethodistchurch.org.uk
Church open daily 10am-4pm. **Sunday Services** – mornings:
10.30am; evening: 17th 6.30pm. **MMMP** Ladies Group (Pam
761928) 10am for 10.30am start. 11th – Musical Morning;
25th – Beatrix Potter (open meeting – all welcome). **Busy Bees
Toddler Group** (Sue 761542) Wed 1.30-3pm (term-time).

THANKS:
2017 SILVERDALE AND ARNSIDE ART AND CRAFT TRAIL
Thanks to all for supporting this event. The £100 Prize Draw
was won by a visitor from Kendal. Exhibitors raised over £2,000
for the Alzheimer's Association, Bay Rescue, Brooke Hospital
for Animal Welfare, Gaskell Hall, Girl Guides, Samaritans and
more.

FORTHCOMING EVENTS:
SILVERDALE AND ARNSIDE AUTUMN EXHIBITION 27th-29th
Oct. Arnside E.I.
HOUGHTON WEAVERS – 11th Nov. Arnside Village Hall.
Tickets £12.50. Nibbles, raffle, BYOB.

ARNSIDE VILLAGE WEBSITE (www.arnsidevillage.co.uk)
We now have a website for the village. Should you wish to send
through details of a local event, please e-mail:
support@arnsidevillage.co.uk

Items for October Broadsheet by 15th September (latest).
Details may be left at the Spar, Silverdale Rd. or Phil Fallows
Hairdresser, or e-mailed to: arnsidebroadsheet@hotmail.co.uk
PLEASE be concise, write clearly and include contact details.
Arnside Broadsheet can also be viewed on the **APC website**:
www.arnsidepc.org.uk