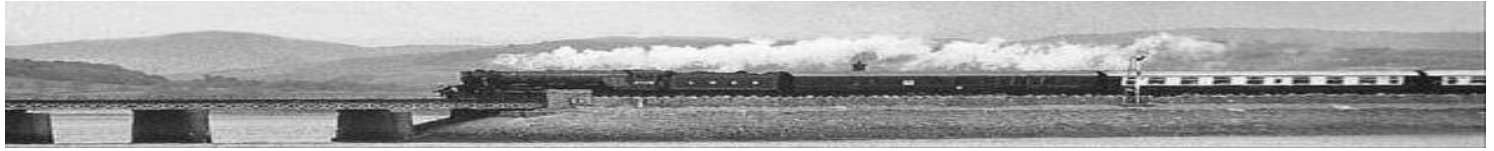


JULY 2017



ARNSIDE BROADSHEET COORDINATOR needs help to periodically allocate and deliver packs of Broadsheets to our distributors. If you can help please contact Ann Guy 761338 / annguy123@btinternet.com

SONGS FOR A SUMMER'S EVENING (761725)
Sun 16th 5.30 pm. Levens Hall gardens. Performed by Ottovoce. Tickets: adults £12.50; children £5 (6-16) / free (under 6). Bubbly and canapés, grand raffle. In aid of **PANDAS** (Pre- & Postnatal Depression Advice & Support).

ARNSIDE & SILVERDALE FOOD FESTIVAL (Martin 702185) Sat 8th 11am-3pm. Gaskell Hall, Silverdale. All local stallholders. BBQ, fruit & veg, butcher's, fish, Arnside Country Market, coffee, cakes, bar, jams, pies, bread, honey, ice cream, Arnside apple juice, cheeses, etc. - plus children's games, tombola etc. **FREE ENTRY**

ROSEMERE CANCER FOUNDATION 20 YEARS ANNIVERSARY APPEAL - CHARITY GOLF DAY
Sun 23rd (starts noon). Grange Golf Club. Bacon baps available on arrival. Shotgun Start Pairs Competition at 1pm (best score on each hole to count), followed by a two-course meal & presentations in the Club House. £25/person for the day. Details/to enter, telephone the club on: 015395 33180, visit: www.grangegolfclub.co.uk or e-mail: office@grangegolfclub.co.uk

COMMUNITY CINEMAS have unfortunately decided to close and will no longer be showing films in the Arnside E.I. We still have some unclaimed ticket money taken in respect of La La Land, which was cancelled for 22nd April. If you bought a ticket and have not yet claimed your refund, please contact Sue Hayward 762254 / suediane57@gmail.com Thanks to everyone who has supported us over the years. We are planning our autumn programme of live arts events and will promote these as soon as the shows have been confirmed.

THE HERON THEATRE (www.theherontheatre.com)
7th 7.30pm Film: Graduation [15] (in Romanian, with English subtitles)

THE HERON CORN MILL (andy@heronmill.org)
1st 11am-4pm. Locale: a special one-day festival to celebrate many of the great producers & local businesses in and around the Arnside and Silverdale AONB.
Thu 27th 7.30pm. Play: Ice Baby. Tickets available from Heron Corn Mill: £4. Licensed bar & refreshments

ARNSIDE & DISTRICT NATURAL HISTORY SOCIETY (Gail Armstrong 701316 / www.arnsideanddistrictnhs.co.uk)
Field Meetings: 4th Holme Park Quarry for High Brown Fritillary (Chris Winnick). Meet Arnside WI 10am or Quarry car park 10.30am; 13th Bolton Fell, Cumbria Bog Project (John Dunbavin). Meet Arnside WI 9.30am or Bolton Fell 10.30am; 17th Cattle Grazing in Gait Barrows & Coldwell Meadow (Bill Grayson). Meet Arnside WI 9.45am or Gait Barrows 10am; 28th Hoverflies of Myers Allotment (Brian Hugo). Meet Arnside WI 9.45am or SD476750 10am

ARNSIDE AND STORTH FIRST RESPONDERS

(Co-ordinator: Pat Clifford 762065) Wed 7th Methodist Church Hall, Arnside. Training Meeting. Focus: Choking, Recovery Position and CPR practice.

June 150 CLUB DRAW WINNERS: Lottery No. 30 (£100); Lottery No. 81 (£25). Congratulations and a very big "Thank You" to all our 150 Club Supporters – you really do make a difference!

We really do need more responders. There is no set time commitment (other than training) and no rota. Anyone interested in becoming a responder / finding out more, or for details of the next **free HEARTSTART course** please contact: Cath Grayson 761347 or Pat (above). **Advance notice:** The next training meeting will be on September 6th in Arnside there is **no meeting in August.**

ARNSIDE COUNTRY MARKET (Sec. Ann McCabe 015395 63326). Fridays 9.30-11.30am. W.I. Hall. Local home baking, seasonal preserves, fresh eggs & fish, home-grown fruit & vegetables, plants, hand-made crafts & chocolates, watercolours. Free entry. Refreshments available. All welcome.

AgeUK LUNCH CLUBS (Christine 761566/Janet 762559) Meet 12noon for 12.30pm lunch. Fri 7th - The Albion; Wed 19th - The Ship. Please ring above to book.

MINDS IN TUNE (Eileen 761720)

Thu 13th 2-3.30pm. Arnside Methodist Church Activity/support group for people with memory problems or dementia and their carers. The session starts with a choice of activities, followed by refreshments, and finishes with some singing.

ARNSIDE SIGHT ADVICE SOUTH LAKES SUPPORT GROUP (Scott Hemsley **01539 769055** / scott@sightadvice.org.uk)
Mon 17th 10-11.45am. Meeting at Millom Court. For details, contact Scott (Mon-Thu).

POLICE DROP-IN (martin.boak@cumbria.police.uk)
Second Tue/month 11am-12noon. Arnside E.I. library. PCSO Martin Boak (5251) will be available to discuss any issues you may have in relation to policing matters. No appointment necessary, just turn up on the day. For urgent matters, please contact the police on 101. For emergencies, always call 999.

ARNSIDE & ARNSIDE KNOTT W.I. (Sec. Daphne Jarvis 761606). Mon 10th 7.30pm. Non-traditional ceremonies (Debra Jesset). Competition: Miniature Flower Decoration. Open to all – bring your husband/partner/friend. A £2 guest fee includes refreshments. PS we do not sing Jerusalem!

ARNSIDE W.I. & VILLAGE HALL (Booking Sec. Lindy Brough 761752) Hall/room for hire, kitchen available.

ARNSIDE ROYAL BRITISH LEGION (Elaine 735409)
Tue 25th 2pm. W.I. Branch meeting.

BOOK AT BAYTIME (Julie 762538/julie@readforlife.co.uk)
Wednesdays 1-2.30pm. E.I. We read aloud anything from short stories to poems. All material provided; no reading to do before or after. Come along, enjoy a cup of tea, take part or just sit & listen - we'll be glad of your company! £3 (incl. refreshments).

ARNSIDE HELPWAYS (07534 660 667)

Please make requests for transport between 9-10am, if possible giving at least 24 hours' notice. A nominal charge is made to cover car expenses. We need more drivers to help with this important service

STORTH COMMUNITY TRANSPORT (07553 213383)

Transport for Storth residents to doctors, dentists and hospital. Cost: 45p per mile. For info. or to book, phone above (please give as much notice as possible).

Arnside Ramblers (Sec. Marilyn Wright 760066)

AMBLERS (Roger Mashiter 761686) Leave W.I. 10am. 4th Ings & School Knott; 11th Linear Walk (coach leaves Albion 8.30am. Pre-booked members only); 18th Abbeystead; 25th Oxen Park & Rusland Valley.

RAMBLERS (Julia Bennetts 701265). **Leave W.I. 9am** 6th Lingmoor Fell; 11th Linear; 19th Sedbergh, Middleton Bridge; 27th Rivington/Leverhulmes Gdn

B AMBLERS 6th Margaret (761740); 18th Harry (761220)

SCRAMBLERS (Brian Leslie 762055)

11th Linear (Skiddaw); 26th Ingleborough & Gt Douk Cave

ARNSIDE E.I. BADMINTON CLUB (Peter Jones 761314)

Mondays 7.30pm-9.30pm (except bank holidays). Played throughout the year at the E.I. For details, ring above.

YOGA FOR ALL (Cathy Lubelska 015395 34377). W.I. Tuesdays 10-11am

PILATES (Catherine 761811 / 07899 907424) W.I.

Mondays 10.30-11.30am.

ARNSIDE TABLE TENNIS CLUB (Ed Pilling 762305).

E.I. Tue 7.30pm. Fri 2pm. 3 tables. Bats provided. Members £2. Guests £3 (incl. refreshments)

AgeUK SEATED EXERCISE CLASS (Eileen 761720)

Tue 9.30-10.30am and Fri 10-11.30am at Arnside Methodist Church.

ARNSIDE SNOOKER CLUB (Walter Burrow 761356) E.I.

Wed 7pm - Open Club Night; Mon & Tue 10am-noon - Seniors. Competitions. £1 and 20p meter.

ARNSIDE BRIDGE CLUB (Alan Farmer 735366) E.I.

Mon 1-1.40pm - Bridge for beginners; Mon 1.40-4.30pm - Chicago bridge (no partner necessary). Tue & Fri 6.45 for 7pm - Duplicate bridge (partners required).

ARNSIDE ARCHIVE GROUP (Norma 761238)

Wednesdays 10am-noon & Thursdays 2-4pm. Arnside E.I., Margaret Matheson Room. All welcome to help with researching our exhibition topic and/or cataloguing.

UKULELE BAND (Elaine Newman 762699)

Thursdays 6.30pm. Arnside E.I.

ARNSIDE JUNIOR CHESS CLUB (Matt Bridgeman

761252). Mondays 6.15pm E.I. Kent Room.

Anyone aged 8-17yrs welcome.

ARNSIDE COMPUTER CLUB (Pat Clifford 762065)

Tuesdays 2-4.30pm. Arnside E.I. Westmorland Room. Sessions (incl. refreshments): E.I. members £2; non-E.I. members £3

SCRABBLE FOR FUN (Fiona Stevens 762371). E.I.

Wednesdays 7pm. All standards.

ARNSIDE SEWING BEE (Pauline 761136)

1st & 3rd Mondays/month 7.30pm. W.I. Hall. All kinds of sewing & crafts covered. £5 (incl. refreshments).

LANDSCAPE TRUST - KEER TO KENT (Summer Issue) on sale in The Little Shop and Londis. Includes Wildlife on the River Keer, A Conversation with Johnny (of Tower Farm), news of the Trampler, the AONB seen through the lens of Joseph Hardman and much else regarding our area

ARNSIDE LADIES' CHOIR

Fridays 2-4pm. W.I. Hall. Wide range of music, regular concerts, friendly, always happy to welcome new members. No audition necessary – just turn up and give us a try!

ARNSIDE YOUTH PROJECT (Jude 762053)

Fri 7th Cooking; 14th Beach Activities. No meetings during school holidays. Next meeting (term-time): Fri Sept 8th. All young people aged 9-13yrs welcome.

ARNSIDE PLAYGROUP (Andrea 07493079159) The Studio

E.I. Wed-Fri 9.30-11.30am (term-time): children 2-5yrs. Mondays 9.30-11.30am: mother & toddler session. Toddlers £2; babies 50p. Please drop in to one of our sessions.

ARNSIDE AFTER-SCHOOL CLUB ('Arnies')

(Sam Reynolds / Arnies Voluntary Management Committee: 07876 306365 / e-mail: arnies.afterschoolclub@gmail.com). Mon-Fri 3.15-6pm (term-time only) for children attending reception-year 6. £8 per session.

OUR LADY OF LOURDES R.C. CHURCH (Ms. Slattery

015395 62387 / Monica Placzek 762737). If anyone needs transport to attend Mass, please ring one of the above.

PARISH CHURCH ST JAMES (Rev D. Cooper 761319)

Wednesdays (term-time) 9.15am School-Church. School & adults, in church. Sun 8am Holy Communion (BCP); 10.30am Holy Communion (except 9th & 30th).

Sun 9th 10.30am Sea Sunday (all age worship); 4.30pm Celtic Communion. Sun 30th 10.30am Choral Matins.

ARNSIDE METHODIST CHURCH (Rev. David Stretton

761397). www.arnsidemethodistchurch.org.uk Church now open every day 10am-4pm. Fri 7th 7pm. Praise & Prayer (informal worship of God with music); **Sunday Services:** mornings 10.30am. **MMMP** Ladies Group (Pam 761928) 10am coffee for 10.30am start. Mon 11th AGM. **Busy Bees Toddler Group** (Sue 761542) Wed 1.30-3pm (in term times)

THANKS:

RNLI - Thanks to Booths Milnthorpe and to all who contributed so generously to recent Bucket Collections raising a grand total of £987.98

ARNSIDE & ARNSIDE KNOTT W.I. – Coffee Morning in April raised £308 for the Hall Fund. Thanks to all!

GUIDE DOGS FOR THE BLIND - ALUMINIUM RECYCLING

Please help by bringing your washed aluminium (milk bottle tops, kitchen foil, fast-food containers, drink cans, etc.) to Arnside Chip Shop's "Guide Dogs" green collection bin.

Items for August Broadsheet by 15th July (latest). Details may be left at the Spar, Silverdale Rd. or Phil Fallows Hairdresser or e-mailed to: arnsidebroadsheet@hotmail.co.uk **PLEASE** be concise, write clearly and include contact details. Arnside Broadsheet can also be viewed on the APC website: www.arnsidepc.org.uk